

**GET a G.R.I.P.  
WEEK 5**

**HINDRANCES TO PRAYER**

**Unconfessed sin...** Psalm 66:18 says, "If I regard iniquity in my heart, the Lord will not hear me..." Proverbs 15:29

**Unbelief.** James 1:6-7 says, "But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with wind and tossed.

**Unscriptural motives.** James 4:3 says, "Ye ask and receive not because ye ask amiss that ye may consume it upon your lusts."

**Unresolved conflict.** Matthew 6:14-15 says, "If ye forgive men their trespasses your heavenly Father will also forgive you.